

# MOLARI HealthCare Newsletter



## What has MOLARI been up to?

Molari has been very busy these past couple months! We have had our calendars filled with events all over Berkshire County and we are so grateful to have been a part in every one of them.

Take a look at some of the photos below to see what we have been up to!



**Lone Worker Safety Training for MOLARI HealthCare caregivers in collaboration with the Berkshire County Sheriff's Department.**



**Adams Council on Aging Wellness Fair.**



**The MOLARI Team at the Walk to End Alzheimer's.**



**MOLARI staff and friends at the Elizabeth Freeman Rise Together Walk in Pittsfield.**



**MOLARI's Christmas Tree for Festival of the Trees at Hancock Shaker Village.**

## Meet your MOLARI HealthCare Team



We are proud to have such a dedicated and committed healthcare team to serve your needs. Each member of our team is here to provide you with personalized care designed to give you and your families peace of mind.

Here are the people you can count on:

**Lee Rudin RN, BSN**, Director of Healthcare Services

**Cathy Moses RN**, Staff Nurse

**Chelsea Hydon**, Healthcare Supervisor for North and South County

**Bella French**, Healthcare Supervisor for Central County

**Rosa Barnaba**, Healthcare Private Pay Coordinator



**MOLARI staff at the Elizabeth Freeman Rise Together Walk in Great Barrington.**



**Cereal Drive for the Pittsfield Community Food Pantry.**



## **Home Modification Loan Program**

At our Elder Care network meeting this year, Molari HealthCare invited Berkshire Regional Planning Commission to speak about their Home Modification Loan Program. This is a state funded loan program that can fund additions and adaptations to help individuals with physical and cognitive limitations live more independently at home.

The Home Modification Loan Program offers zero percent interest loans up to \$50,000 to those who qualify and offers projects such as ramps and lifts, bathroom and kitchen adaptations, sensory integration spaces, fencing, and accessory dwelling units.

If this sounds like something that could be useful to you or a loved one, contact Berkshire Regional Planning Committee:

- Phone #: 413-442-1521
- Email:  
HMLP@berkshireplanning.org
- Application Link:  
www.cedac.org/hmlp

## **Happy New Year!**



As we welcome in the new year, we wanted to take a moment to express our gratitude to our clients and their loved ones. Thank you for the trust you place in us to support, assist, and care for you and your loved ones. MOLARI HealthCare's new years resolutions remain the same - commitment to providing compassionate and dependable care for our clients.

Wishing you a safe, happy and healthy new year from the MOLARI Team!

## **Exceptional Service Form**

Do you feel that you have received exceptional service from a MOLARI caregiver? We'd love to hear about your experience!

If you would like to share, please feel free to complete the attached Exceptional Service Form and send it back through mail or email.

Molari HealthCare Services  
166 East St, Pittsfield MA 01201  
or  
MolariHC@molariinc.com



## **Fuel Assistance Program**

Berkshire County Community Action Council (BCAC) offers free heating bill assistance to Berkshire County residents. Help is available for all heating types—including oil, propane, electric, natural gas, wood, and more—even if utilities are included in your rent.

Residents are encouraged to check their eligibility and apply for this free program.

Interested in learning more?

- South/Central County: 413-445-4503
- North County: 413-663-3014



## **Mental Health and Crisis Support**

- Berkshire Coalition for Suicide Prevention
  - berkshirecoalition.org
- National Suicide Prevention Lifeline (988)
  - call or text 988 for 24/7 access to trained crisis counselors
- Massachusetts Behavioral Health Helpline (BHHL)
  - call or text 833-773-2445 for 24/7 free, and confidential support
  - masshelpline.com/chat
- National Alliance on Mental Illness (NAMI)
  - namibc.org



## **Local Berkshire County Resources**

- Elizabeth Freeman Center
  - Domestic & Sexual Violence Support - 1-866-401-2425
- Berkshire Harm Reduction
  - berkshirehealthsystems.org
  - 413-447-2654 (Pittsfield) or 413-398-5603 (North Adams)
- Community Legal Aid
  - communitylegal.org
  - 413-499-1950
  - 855-252-5342
- ServiceNet
  - servicenet.org
  - 413-485-1300



## **Food and Housing Assistance**

- Berkshire County Regional Housing Authority
  - bcrha.com
  - 413-443-7138 or 1-800-248-9002
- Berkshire United Way
  - Food Pantries and Meal Sites
  - berkshireunitedway.org/food-access
- Berkshire Bounty
  - County Wide Food Distribution
  - info@berkshirebounty.org
  - 413-717-5842